



St. Albert Nutrition Services Mary Queen of Peace School Cafeteria – Homewood Campus

Dear Parents & Students,

The link between nutrition and academic performance is well documented. Proper nutrition and healthy eating patterns are essential for students to achieve their academic potential, obtain physical and mental growth and develop lifelong health and well being. Your school cafeteria is committed to the wellness of your students. Below are some nutritional sites for your children and our own nutritional newspaper found on the Cafeteria Website.

Websites for Nutrition:

www.kidnetic.com

www.fueluptoplay.com

www.nflrush.com

www.nationaldairycouncil.org



2010-2011

Our school is still on Provision 2, which means each student may receive a free breakfast, and a free lunch each day. No applications needed this year.

☺ Posted on your menu, the children will have a choice of the main entrée each day. Breakfast will also be on the monthly menu.

☺ For the Peanut allergy students – please watch menu for the “peanut man”.



☺ We are pleased to announce the Fresh Fruit & Vegetable program has awarded Mary Queen of Peace School – Homewood Campus, the Ohio Department of Education’s (ODE’s) Office for Safety, Health and Nutrition Fresh Fruit and Vegetable Grant. This grant is awarded to Ohio schools each year as part of a U.S. Department of Agriculture Program. Funds awarded through this program are used primarily to provide fresh fruits and vegetables to students free of charge throughout the school day. Your student will receive free of charge fresh fruit or vegetables for a snack every school day.

Please feel free to contact David Richison and Bess Vaillancourt, your Cafeteria Manager’s at 275-6051. (or e-mail drichison@maryqueenofpeace.us They are there to assist you and your children at any time.